

MAY, 2026

# TEES ROWING CLUB NEWSLETTER



## CLUB CAPTAIN MANIFESTO

Following her election as club captain, Kristi shared her manifesto for the year ahead, centred on participation, togetherness, and strong communication. She asked members what rowing means to them - answers ranged from social connection to competition - capturing the spirit of why so many of us keep coming back. Kristi encouraged all members to read the club's [five-year plan](#) to understand the committee's ambitions and find where they can contribute, and reaffirmed her commitment to growing coaching pathways so every member gets the most from their membership.

The whole club thanks Kristi for stepping into this role and stands behind her dedication to Tees Rowing Club.



Kristi Eddy

## HEALTH LEARN-TO-ROW AT TEES RC THIS SPRING

A spring Health L2R programme is up and running at the club.

Funding, which was awarded by the NHS's Northern Cancer Alliance and charity Point North, provides patients with free membership of the rowing club for six months and social time for refreshments after activity.

The aim is to help patients recently diagnosed with cancer cope better with subsequent treatments.

You can read more [here](#):

Thanks to Gillian Bentley and Iona Macleod for leading this project.



# TEES REGATTA

What an amazing Regatta! 33 clubs made the journey from as far north as Berwick and as far south as Lincoln to compete on our 850m fully buoyed course – the only one between Glasgow and Nottingham. 470 entries produced 440 boats racing across 130 races, with more than 1,000 seats on the water.

An event of this scale could not happen without the incredible dedication of Tees RC members, their friends, and families. From setting up the course and managing entries to making sandwiches and baking cakes, every contribution played its part in what was a true celebration of community and teamwork.

We'd also like to extend a huge thank you to our partners whose support made the day possible:

- Canal and River Trust for restricting access to their waters and supporting timber clearance
- Stockton-on-Tees Council for car parking, gazeboes, portaloos, bins, and safety plan sign-off
- Tees River Rescue for keeping the water safe
- TRUT for access to the Watersport Centre, equipment, and opening the bar at just the right moment
- Powerhouse Dragon Boaters, Tees Active, Yarm School, and Infinity Boat Club for providing launches, with IBC also supplying a driver
- The Dragonboats for exclusive use of the Centre and river on Regatta Day
- Stockton Scouts Event Support Team for PA and parking control
- St John's Ambulance for first aid cover



## SUCCESSFUL SOCIAL EVENT-QUIZ NIGHT WITH PIE AND PEAS

A big thank you to the Rec rowers, especially Rosie and Iona for organising a fantastic social evening. It was so well attended, it was difficult to fit everyone in the room. Quiz was tough and pies were tasty, so overall A GREAT SUCCESS. It is so good to see our members socialising off water as well. If anybody has any good ideas for further events please let us know.



# SUPPORT TEES ROWING CLUB EVERY TIME YOU SHOP – IT COSTS YOU NOTHING!

Did you know you can raise free funds for the club simply by shopping online? Through easyfundraising, hundreds of retailers will donate a small percentage of your purchase to Tees Rowing Club at absolutely no extra cost to you.

It's easy to get started:

1. Sign up at [easyfundraising.org.uk](https://www.easyfundraising.org.uk) and search for Tees Rowing Club as your chosen cause.
2. Download the easyfundraising browser extension – it'll automatically activate a donation whenever you're shopping at a participating retailer.
3. Shop as normal and the retailer makes a donation on your behalf. Simple!

You can earn donations at over 7,000 retailers, including big names you probably already use Amazon, Marks & Spencer, Tesco, John Lewis, eBay, Booking.com and many more. Whether you're doing the weekly food shop, booking a holiday, or picking up something from Amazon, it all adds up.

And the proof is in the pudding, Tees Rowing Club have received £925.21 so far, entirely thanks to members who are already signed up. Imagine what we could raise if everyone got involved!

If you haven't signed up yet, please do it takes just a couple of minutes and every penny goes directly to supporting the club.



## TUESDAY EVENINGS AT THE BAR, YOU'RE WELCOME TO JOIN US!

Stephen Heath's squad rows on Tuesday evenings and then heads to the bar to put the world to rights – and now any club member is welcome to join them! They're typically there from around 7.30pm to 8.30pm. It's card only, but prices are very club-friendly; a large bottle of beer is just £4.

The best bit? You don't even need to be rowing that evening. Come down after a meeting, after your own outing, or simply because you fancy some company. Everyone is very welcome, and as Stephen's crew will tell you, the social side is at least as important as the rowing!

They rarely miss a Tuesday, but if you're ever unsure whether the bar will be open, just drop Stephen a message at [steveheathteesrc@gmail.com](mailto:steveheathteesrc@gmail.com) – though if they're around, the bar will almost certainly be open. Hope to see you there!

 easyfundraising

Tees Rowing Club

has raised

**£925.21**

on easyfundraising!



<https://www.teesrowingclub.co.uk/>



Stockton-on-Tees TS18 2NL

## AN EXTRACT FROM THE RECENT TRUT MEETING HELD ON THE 20TH APRIL:

The Board noted John Green's retirement after an outstanding 22 years of dedicated service. Members expressed their sincere thanks for his hard work, unwavering support, and encouragement throughout his tenure. During this time, John witnessed significant change and progress, including the appointment of four Centre Managers and at least four Chairs.

John reflected on the growth of both the centre and its clubs, commenting on how gratifying it has been to see the organisation develop and thrive. He noted that the highlights of his time on the Board far outweighed any challenges and said he was pleased to be leaving the Trust in capable hands.

In particular, John's contribution to securing substantial grant funding for Tees Rowing Club has had a lasting and transformative impact.

The Board extends its heartfelt thanks to John for his remarkable contribution and commitment over more than two decades.



## ANGELS AT WORK

Have you noticed how tidy the TeesRC car park is? Hedges have been cut back and the whole area, particularly around the trailers and entry ramp, has been pruned and tidied. Has this happened by magic?

No, it is the result of two days of hard work this spring by members of the local Autistic Angels team. Paul Tasker, part of the Dragon Powerhouse club, is the team leader and has organised this project with his brother Francis. The team of 15 people have done a remarkable job spending two days in the car park. To find out more, please see <https://autism-matters.co.uk/teesside/what-we-do/autism-angels/>



John Green



Autism Matters Teesside



## Dates for Your Diary

21st-24th July- Junior Learn to Row  
18th-21<sup>st</sup> Aug- Junior Learn to Row  
Summer Scratch Regatta- July/Aug (TBC)  
Tuesday 2<sup>nd</sup> June- Archives Talk  
Sunday 28<sup>th</sup> June- Club Minihead-  
Organised by the Intermediate Crew  
10<sup>th</sup> Oct- Tees LDS



**TEES ROWING CLUB**

# JUNIOR LEARN TO ROW

TRY SOMETHING NEW • BUILD CONFIDENCE • MAKE FRIENDS • HAVE FUN!

AGES 12-17

 <b>DATES</b> July 21st - 24th Or August 18th - 21st	 <b>TIME</b> 10am - 2pm	 <b>COST</b> <b>£100</b>	 <b>AGE</b> <b>12-17</b>
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LEARN NEW SKILLS   BUILD FITNESS & CONFIDENCE   MAKE FRIENDS FOR LIFE   BE PART OF A TEAM

**ALL ABILITIES WELCOME - NO EXPERIENCE NEEDED!**

**TEES ROWING CLUB** *ROW. BELONG. ACHIEVE.*

RIVER TEES WATERSPORTS CENTRE, THE SLIPWAY, STOCKTON-ON-TEES, TS18 2NL  
 For further information or to book your place please contact [kustrowteesjuniors@gmail.com](mailto:kustrowteesjuniors@gmail.com)

Tees Rowing Club event

## The Mighty Tees

Take a meandering trip down the mighty Tees, through the records and collections of Teesside Archives, with Community Engagement Officer Christine Corbett to explore some of the stories of our beautiful river.

**Tuesday 2nd June**

**11:15am - 1:00pm**

venue - River Tees Watersports Centre  
The Slipway, North Shore, Stockton-on-Tees  
TS18 2NL

£5 including tea, coffee and biscuits  
Booking required. Scan QR code or  
email Iona Macleod at  
[Teesrc.safety@gmail.com](mailto:Teesrc.safety@gmail.com)



We hope you enjoyed this edition of the TRC newsletter. Please send any feedback or articles and photos to Shelly Woodhead [teesrc.assistantsecretary@gmail.com](mailto:teesrc.assistantsecretary@gmail.com) (Assistant Secretary) or Elizabeth Bostock [teesrc.secretary@gmail.com](mailto:teesrc.secretary@gmail.com) (Secretary)



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