

TEES ROWING CLUB APPLICATION FOR 2026 MEMBERSHIP

Note: - valid from the period April 2026 – March 2027

We are very pleased to welcome you to Tees Rowing Club; please complete this form in block capitals. All persons aged 18 and over on 31/08/2025 are classed as adults for this subscription year.

Personal Details			
Full Name			
Home Address			
Telephone (Home)			
Telephone (Mobile)			
Email Address			
Date of Birth			
Occupation			
Coaching Qualifications			
BR Number (if known)			
Membership Details			
<i>Membership Category</i>	<i>Subscription Fee (per month)</i>	<i>Selected Category</i>	<i>Notes</i>
Adult	£36.00		Aged 18 or over on 31/08/2025
Off Peak	£22.50		Non-Racing and access between 9am - 5pm
Student	£27.00		Full Time Student of:
Distant Student	£16.50		Full Time Student of:
Social, Coxing and Coaching	£6.50		
Rehabilitation	£18.50		
Junior	£33.50		
Please note that new members joining throughout the year will pay a joining fee equivalent to one month's subscription			
Privately-Owned Racking Details			
<i>Boat Class</i>	<i>Subscription Fee (per month)</i>	<i>Selected Category</i>	<i>Boat Name</i>
Single	£17.50		
Double	£24.00		
Quad	£48.00		
Membership Payment Details			

Membership fees can be paid via various methods, please tick the timescale and method you wish to pay by below, you will then be contacted by the Membership Secretary. If you want to make any changes or cancel your membership, then you must give the membership secretary **1 month notice before making any changes/cancelling your direct debits**

Timescale

Annually

Monthly

Payment Method

Direct Debit

Standing Order

One off Payment

Medical Conditions

If you have ever experienced, or are currently suffering from, any of the following, please indicate this below. This information is confidential but important to ensure your well-being as an athlete, and to ensure that appropriate checks or preparations are in place to allow your safe participation in rowing. Please ensure your coach and any crew members are made aware of these conditions.

If your medical circumstances change, please inform your coach, crew members and the Captain at TeesRC.Captain@gmail.com

Condition

Details

Asthma

Epilepsy

Diabetes

Blackouts

Balance/Hearing Problems

Visual Impairment
(including colour blindness or sight deficiency)

Muscular/skeletal injuries (back,
neck, wrists etc.)

Do you have any allergies?

Are you currently taking any prescribed medication?

Is there any medication that should **NOT** be administered?

Is there any other information that the club needs to be aware of
with regards to your medical history?

Your Personal Health

Rowing and its associated training can be a strenuous activity. You should therefore be in good health and have no medical or physical condition precluding heavy exercise.

If there is any doubt you should first consult your doctor.

Some conditions such as asthma and diabetes, for example, do not prevent individuals participating in the sport, but you do have a duty to declare any condition that might put yourself or others at risk. Likewise, you have a duty to

declare any change in personal health whilst a member of the Club that may put yourself or others at risk. It is important therefore that you inform those around you e.g. coaches and crewmembers, of any condition they may have to deal with in the event of an emergency.

Your Swimming Ability

For your own safety it is important that you are a competent swimmer. At a minimum you must be able to swim 50 meters in light clothing. If you cannot meet this requirement, you must wear a lifejacket or buoyancy aid at all times when in a boat.

The club will regularly hold swim tests and training in capsize procedures to demonstrate not only your competence, but also your confidence under the water, swimming on your front and back, besides your ability to tread water.

Declaration of Your Personal Health & Swimming Proficiency

To be accepted as a member you must sign this declaration.

I have read and understood both the Personal Health and Swimming Ability statements above and declare that I **can/cannot*** meet the minimum swimming requirements and **I have no need to seek medical approval/have been passed medically fit*** to row and I agree to inform the club/coaches/crew of any change in my personal health/swimming proficiency that may put myself or others at risk. *(Delete as applicable) I have given details of any special medical conditions above.

Name Signature

Date.....

By signing this form, you apply to become a member of Tees Rowing Club and agree to follow the Club's codes and policies:

- [TRC Safety Code](#)
- [TRC Club Rules](#)
- [British Rowing Policy on Safeguarding and Protecting Children](#)
- [British Rowing Row Safe Guidance](#)
- [British Rowing Code of Ethics and Behaviour](#)
- [TRC Anti-Bullying Policy](#)
- [TRC British Rowing Code of Conduct](#)
- Other relevant TRC policies accessible on the TRC website

I have read, accept and will follow the above-mentioned policies, codes and other documents.

Name Signature

Date.....

Please return the completed form to the Membership Secretary by emailing a dated and signed copy to membershipsecteesrc@gmail.com

DATA PROTECTION ACT: - The Membership Secretary keeps all information, provided on this form, on a computer database. Members can request to view their own data. Members are required to inform the Membership Secretary and Treasurer of any changes to the information given.

If you do not want this information to be held on computer, please tick the box.