TEES REGATTA 2025 - SAFETY INSTRUCTIONS FOR ALL COMPETITORS - See associated map

It is the competing clubs' responsibility to ensure all of its crews and scullers abide by the BR Rules of Racing and follow the guidance of BR RowSafe. Specifically:

1. **Clubs must ensure that all their boats competing in the Regatta comply with the BR RowSafe.** Any boat may be inspected.
2. **All coxswains must wear a flotation device of an approved type** and be adequately dressed for the prevailing weather conditions. Please ensure that inexperienced crews have experienced coxes and that inexperienced coxes are only used with experienced crews.
3. **The Riverside Carpark trailer parking area is to be used by the majority of clubs.** This is located 50m upstream from the Princess of Wales (POW) Bridge on the North bank (RTWC side). This means most boats will use the pontoon located there. From this pontoon boats will cross to the opposite bank (South) and pass under the POW bridge. **Await instruction from the Marshal to continue down the course**. On finishing, row upstream to the pontoon
4. RTWC based boats must depart from the steps and return to the Pontoon. **Crews must only leave the steps when it is safe to do so under the direction of the marshal** and **must cross and clear the course quickly.**
5. For the **Circulation Pattern**, see the attached map.Warming up is not allowed on or adjacent to the course.
6. Crews should approach the start via the south side of the course. When they pass the bridge pier, keep clear of the racing lanes. Follow the instructions of the mid-course and launch marshals. They should wait adjacent to the mid-course marshal (near the large white buildings) who will direct them to the start when the course is clear. Crews must be in the start marshalling area at least 5 minutes before they are due to race.
7. Crews should stay clear of the booms downstream of the start area.
8. **After racing, crews should proceed well beyond the finish before turning towards the north bank if returning to RTWC or continuing returning to the Riverside Car Park Pontoon. Follow the instructions of the Marshals.**
9. Every attempt is made to keep the course clear of obstructions. Any obstruction noted should be reported to an Umpire or Marshal.
10. **Safety decisions** such as cancelling the event, termination or suspension of some or all races, may be taken by the Race Committee. All competing clubs should provide Regatta Control with a contact number for use during the event in case of an incident involving their club.
11. **Regatta Control (at RTWC) is the co-ordination point for any emergency.** Radio contact can be made with regatta control by any Umpire and/or from the Safety launches. If emergency services are called directly, please inform Regatta Control.
12. **Safety Launches** will be stationed at the positions shown and are in radio contact. An Umpire's Launch will follow each race. If there is a need for any launch to attend an emergency, then the Helmsman in charge will immediately stop any other activity and proceed rapidly to the incident. If a race is in progress, an umpire will (if necessary) stop the race.
13. **First Aid Kits and Emergency Equipment** are available via Regatta Control and in the Safety Launches. In addition, there is a First Aid station upstairs at RTWC, in the 'Club Room'.
14. To take precautions against water borne diseases: cover cuts/abrasions with waterproof dressings; do not launch boats at Steps with bare feet; do not deliberately splash face or boat fittings; wash hands/face before eating and shower after capsize. Try not to swallow river water. Do not throw coxswains in the river.
15. Note that the roads around RTWC are open to the public. The Riverside Promenade is a public footpath and cycle way: crews should be vigilant when carrying boats and oars,and leave room for others to pass.
16. Due to risk from wind please do not erect gazeboes or similar temporary structures
17. Please follow good practice (Check, Clean, Dry) in prevention of transfer of invasive species see Invasive species control | Canal & River Trust (canalrivertrust.org.uk)
18. If any External Emergency services are called to provide assistance the recognised **meeting locations** are:-
    A. River Tees Watersports Centre (access via Dugdale Street and North Shore Road).
    B. Tees Barrage Slipway (access via A66 - Teesside Retail Park Intersection).
    C. Stockton Corporation Slipway (access from Riverside Road).

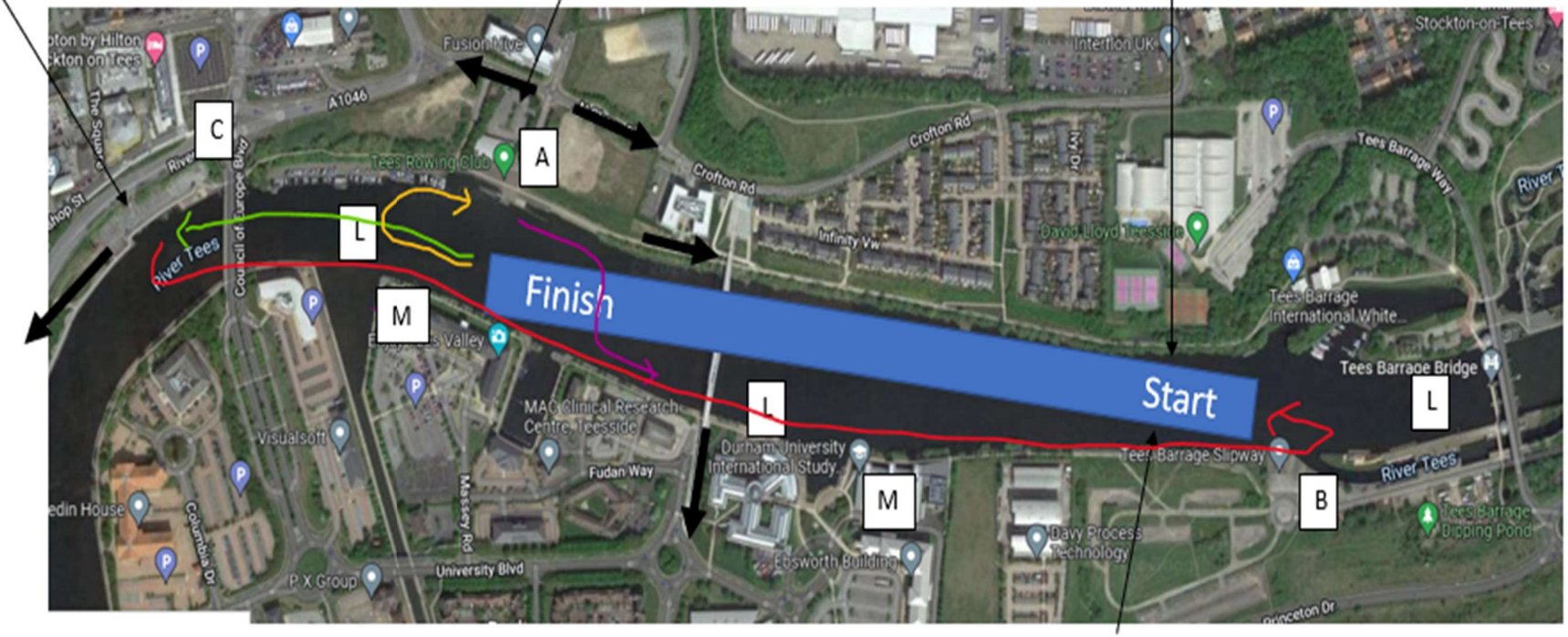
KEY CONTACTS – Contact via Race Control on day

Welfare Officer	Helen Wescott	Regatta Secretary	Ken Watson	07771 562698
Regatta Safety Adviser	Alan Puddick	Regatta Chair	Stephen Heath	07713 066626
Chair of Race Committee	Dilwyn Jones			

Riverside Car Park
Trailer Parking and Pontoon

River Tees Watersports Centre
Regatta Control, First Aid

Lane 4



Lane 1

L Launch Position

M Remote Marshal Position

Emergency Service Meeting Point
What3words

A Massaged.calm.fishery

B Spoon.motored.grazes

C Wasp.swan.tilts

Riverside Car Park Pontoon to Start – do not enter finish area until instructed by Marshal

Watersports Centre Pontoon/Steps to Start – do not enter cross course until instructed by Marshal

Finish to Watersports Centre Pontoon/Steps

Finish to Riverside Car Park Pontoon

Evacuation route