

TEES REGATTA 2023

Instructions for Competitors, Coaches and Supporters

1. Safety Instructions, Parking Instructions and the Draw will appear on the Regatta page of the Tees Rowing Club website. Please address queries to regatta@teesrowingclub.co.uk.
2. **Parking arrangements have further changed with trailers for Riverside Carpark being marshalled in a layby south of the river, please check specific instructions on the Tees RC Website.** Several trailers and cars with boats will park at the Riverside Car Park, a 5 minute walk from the River Tees Watersports Centre. Boating will be from a pontoon at the adjacent Stockton Slipway.
3. All competitors should **read the instructions** carefully. **In particular familiarise yourself with the circulation pattern, which changed in 2022.**
4. The final draw will be uploaded to the Tees RC website on Thursday evening. An updated version will be displayed on the outside of the boathouse as in previous years. Please note that scratchings and no-shows may result in changes, e.g. to banded events.
5. Scratchings. If you know you are unable to make your event, please let us know ASAP on BROE and/or by email to avoid others from making unnecessary journeys. Please bear in mind that as per our conditions of entry, entry fees are not refundable once entries have closed. At the regatta, please report scratchings to Race Control.
6. All substitutions including coxes must be made before you race in accordance with the rules of racing, on BROE before 9pm on Friday evening. On race day, please give full details of others to Entries Control.
7. Hot and cold refreshments will be sold through the day upstairs in the Watersport Centre, and the bar will open mid-afternoon.
8. Security of personal possessions. Please take care of your possessions in and around the Centre and in the car parks: there is open access to the public. There are a limited number of lockers in the changing rooms which need an OLD £1 coin or token.
9. Entries Control for collection of race numbers, substitutions and cox weighing is located downstairs in the boathouse.
10. Race Control for scratchings, race re-timing and contacting officials is outside adjacent to the finish box.
11. Boat Numbers: Please ensure your boat has a bow slot. Display the correct number for your race. If you lose it, ask for a spare.
12. Please listen for boating announcements. Otherwise, please report to the marshals at least 25 minutes ahead of your race time (20 minutes if boating from RTWC). At the steps, take care if your fin or rudder is deep, and there are steps just under the surface at the ends of the boarding. We strongly advise you not to walk around with bare feet.
13. The Riverside Promenade remains open to the public for walking and cycling. Please take care when moving boats and leave room when waiting to boat.
14. Following boats by bicycle, scooter etc is not allowed on either side of the river, in either direction.
15. The full draw, complete list of results, upcoming races and latest results will be available via Oar Online on the following web page: <https://oar-online.uk/tees23/>
Changes to Twitter mean that publishing results there will be prohibitively expensive so we will not be using Twitter this year. However, results will be made available on Mastodon which is similar to Twitter. You will need a Mastodon account to view the results. Subscribe to [@TeesResults@oar-online.uk](https://twitter.com/TeesResults) in the Mastodon app. If you do not have the app already go to <https://joinmastodon.org>.
16. There will be no prizegiving ceremony. **All Winners need to report to Entries Control for photo ID check** before they can receive prizes. Please allow an hour to enable results to be checked. Please bring an adult to vouch for juniors without ID.
17. The Mayor of Stockton on Tees will be in attendance at approximately 2pm.

We look forward to welcoming you to Stockton on Saturday.