

TEES LDS & TEES SBH 2009

SAFETY INSTRUCTIONS FOR ALL COMPETITORS

See attached map

Tees LDS and SBH recognises the importance of safety at their event and has prepared the following notes to inform competitors and officials of the essential safety information to allow the event to be completed safely. All competitors must read the notes. For clarification, consult the event Safety Adviser.

1. The Race follows the ARA RowSafe (and the former Water Safety Code) which has been supplied to every club. Competing clubs are reminded that it is their responsibility to be familiar with and to comply with the requirements of the code.
2. Safety decisions such as modifying the event, cancellation, termination or suspension of racing, may be taken by the Race Committee, Co-ordinating Umpire, Safety Adviser or Event Secretary after discussion with the others (if available); other responsible persons may be consulted.
3. Clubs must ensure that all their boats competing in the event comply with the ARA RowSafe, in particular safe and secure bow balls, heel restraints and buoyancy (if fitted). Any boat may be inspected.
4. All coxswains must wear lifejackets of an approved type and be suitably dressed for the prevailing conditions.
5. The riverboat, the Teesside Princess, may travel through the start area just prior to each race. Do not perform any turning manoeuvres whilst she moves through the start area.
6. The course has a number of permanent obstructions over the final 2200m, including bridge piers, moored boats and buoys used to mark lanes over the final section. Competitors are instructed to ensure that they are familiar with the positioning of moored boats and bridge piers prior to the race and to ensure that they steer their boats to clear these obstructions (see item 7).
7. Crews being overtaken must give way to faster crews by moving to the side of the river.
8. The railway bridge is being replaced and work is currently in progress. Passage through the area is unobstructed but only the central arch can be used. Exercise caution with steering as the banks are lined with construction equipment.
9. Competitors should use the **CENTRE ARCH of EVERY BRIDGE**. Shortly after the replica masted ship, they should **keep to the Stockton (left and wider) side of the footbridge pier**.
10. If an incident occurs during the race, competitors should ensure that the incident is made known to a Safety Launch or Race Monitor. If necessary, crews should stop racing to provide assistance.
11. After finishing, all Competitors must proceed 100m past the Finish, before stopping in order that the finish area is kept clear.
12. The Race Control is the co-ordination point for any emergency. Phone contact can be made to Race Control by any Umpire or Race Monitor and from the Safety Launches. If emergency services are called directly, please inform Race Control.
13. There are Safety Launches which are in phone contact with Race Control. If there is a need for any launch to attend an emergency, then the Helmsman in charge will immediately stop any other activity and proceed rapidly to the incident. If necessary, a bank side Umpire or Race Monitor will stop the race.
14. First Aid Kits and Emergency Equipment are available at Race Control and in the Safety Launches. In addition, First Aid is available from Red Cross personnel at the Landing area and this can be requested via Race Control.
15. If any External Emergency services are called to provide assistance the recognised meeting locations are:-
 - a) New road bridge on Queen Elizabeth Way (Thornaby Bypass - Preston Farm to Ingleby Barwick) (E)
 - b) Former Tees Rowing Club boathouse steps (access via Boathouse Lane) (D)
 - c) Stockton Corporation Slipway (access from Riverside Road) (C)
 - d) River Tees Watersports Centre landing steps (access via Dugdale Street) (A)

CONTACT INFO

			Police (Stockton)	999 or 01642 607114
Race Secretary	S Vaslet	{ 07768 761 399	Barrage Control Room	01642 633273
Safety Adviser	S Vaslet	{ 01642 628 940	Hospital	01642 617617
Co-ordinating Umpire	TBC		Ambulance / Fire	999