

TEES ROWING CLUB

APPLICATION FOR 2012 ADULT MEMBERSHIP

Note: - valid for the period April 2012 to March 2013

We are very pleased to welcome all Adults to Tees Rowing Club.

By definition all persons aged 18 or over on 01/09/2011, are classed as Adults for this subscription year. All younger members should complete the separate Junior Membership Form.

Name (in full)			
Home Address			
Postcode			
Telephone Home		Date of Birth	
Telephone Work		Height (cm)/Weight (kg)	
Telephone Mobile		Occupation	
Email address		Coaching Qualifications held	
ARA No	Sculling Points		Rowing Points
Class of Membership	Normal Subscription	Family Subscription	Note New members joining part way through the year pay reduced fees on the following sliding scale
Single Adult Member	£315	N/A	Apr 1 – Jun 30 100%
Additional Family Adult Member	N/A	£234	Jul 1 – Sep 30 75%
Students*	£190	N/A	Oct 1 – Dec 31 50%
Social	£34	£34	Jan 1 – Mar31 25%
Off Peak	£180	£180	9 am to 5 pm Mon-Fri, no competing
Distant Student*	£94	N/A	Operates July to June
Monthly membership	£40	N/A	For a maximum of 3 months
Racking charge for a Privately owned boat is £172.50			Cheques payable to Tees Rowing Club
*I am a student at (institution):		*Start and end month and year	
<p><u>Your Personal Health</u></p> <p>Rowing and its associated training can be a strenuous activity. You should therefore be in good health and have no medical or physical condition precluding heavy exercise.</p> <p>If there is any doubt you should first consult your doctor.</p> <p>Some conditions such as asthma and diabetes, for example, do not prevent individuals participating in the sport, but you do have a duty to declare any condition that might put yourself or others at risk. Likewise you have a duty to declare any change in personal health whilst a member of the Club that may put yourself or others at risk. It is important therefore that you inform those around you e.g. coaches and crewmembers, of any condition they may have to deal with in the event of an emergency.</p> <p><u>Your Swimming Ability</u></p> <p>For your own safety it is important that you are a competent swimmer. At a minimum you must be able to swim 100 metres in light clothing. If you cannot meet this requirement you must wear a lifejacket or buoyancy aid at all times when in a boat.</p> <p>The club will regularly hold swim tests and training in capsize procedures to demonstrate not only your competence, but also your confidence under the water, swimming on your front and back, besides your ability to tread water.</p> <p><u>Declaration of Your Personal Health & Swimming Proficiency</u></p> <p>To be accepted as a member you must sign this declaration.</p> <p>I have read and understood both the Personal Health and Swimming Ability statements above and declare that I can/cannot* meet the minimum swimming requirements and I have no need to seek medical approval / have been passed medically fit* to row and I agree to inform the club/coaches/crew of any change in my personal health/swimming proficiency that may put myself or others at risk. *(Delete as applicable)</p> <p>I have given details of any special medical conditions overleaf (e.g. asthma, allergies)</p> <p>I have completed an Application Form for the River Tees Watersports Centre and have attached it to this form.</p>			
Applicants signature			Date

MEDICAL ISSUES - INJURIES OR ILLNESSES: -

If you have ever experienced, or are currently suffering from, any of the following, please indicate this below.

This information is confidential but important to ensure your well being as an athlete, and to ensure that appropriate checks or preparations are in place to allow your safe participation in rowing. Please ensure your Coach and any crew members are made aware of these conditions.

Condition		Details
Asthma:	Y/N	
Epilepsy:	Y/N	
Diabetes:	Y/N	
Bronchitis:	Y/N	
Blackouts:	Y/N	
Ear (Balance/Hearing) problems:	Y/N	
Visual Impairment (Colour Blindness or sight deficiency)	Y/N	
Muscular/skeletal injuries: e.g. Back, knee or wrist injury.	Y/N	
Do you have any Allergies?	Y/N	
Are you currently taking any form of medication?	Y/N	
Is there any medication that should not be administered?	Y/N	

Please tick the box to indicate you have read and agree to follow the documents listed below:

1. the Club Rules and By Laws 2. the Tees RC Anti Bullying Policy 3. the Tees RC Safety Code 4. the BR Safeguarding and Protecting Children Policy 5. the BR RowSafe guide	Documents 1-3 are available on the Tees RC website www.teesrowingclub.co.uk Documents 4 and 5 are available on the British Rowing website www.britishrowing.org and as separate booklets from the BR. Copies of all documents are displayed on the club noticeboard.
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Please return completed form to: -

Fiona Ventress
17 Mount Leven Road
Yarm
Stockton-on-Tees
TS15 9RF
Tel: 07754 719365

Email: membership@teesrowingclub.co.uk

DATA PROTECTION ACT: - The Membership Secretary keeps all information, provided on this form, on a computer database. Members of the Clubs Committee have the contact details in hard copy. Members can request to view their own data. Members are required to inform the Membership Secretary of any changes to the information given.

If you do not want this information to be held on computer please tick the box.